



**GREAT FALLS**  
Assisted Living  
A MEMORY CARE COMMUNITY

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# LUNCH & LEARN

## Supporting LGBTQ+ Older Adults Through Applying a Trauma-Informed Care Approach

*Presented by Karen McPhail, RN, BSN, MSN, CDP, CCM, Chief Executive Officer/Chief Operating Officer of Eldementals, LLC - Care Management and Healthcare Consulting*

There are approximately 3 million LGBTQ+ older adults living in the US over the age of 50 and this number is projected to increase to over 7 million by 2030. Many LGBTQ+ elders, although resilient, have experienced decades of discrimination and inequities, leading to residual trauma. Most LGBTQ+ older adults have experienced at least one instance of discrimination or violence in their lifetime. It's therefore critical to acknowledge both the past and present to fully understand and properly address the needs of aging LGBTQ+ people.

This program will provide some essential guidelines for person-centered trauma and informed care considerations for LGBTQ+ older adults. The concepts shared are useful for anyone working in health and aging services, as individualized support is better for overall health and holistic well-being.

*This event is in celebration of Pride Month.*

**RSVP by Tuesday, June 27<sup>th</sup>**

## Join us for this FREE Professional Event

**Thursday, June 29<sup>th</sup>**

11:30 a.m. - 1:00 p.m.

Being Held at:

**Great Falls Assisted Living**

1121 Reston Ave.

Herndon, VA 20170

**To RSVP**

**571-250-5248**

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